



# Healthy Delawareans with Disabilities 2010 Project



A Collaboration Project of the Delaware Health and Social Services (DHSS) Division of Developmental Disabilities Services (DDDS) and the Centers



for Disabilities Studies (CDS) and Applied Demography and Survey Research (CADSR)

## CDS' Role in Project

- Recruitment for Adult and Childhood Survey
- Training of Interviewers
- Supervision of Interviewing Process for Adult and Childhood Survey
- Data Collection and Entry
- Writing of DE Health Status Report for Persons with Disabilities
- Dissemination of Report
- Website Design

## Adult Survey

- Convenience Sample
- 339 Adults with physical, cognitive, emotional, visual, and hearing impairments recruited and interviewed
- Data entered into SPSS database
- Data analyzed by CADSR
- Currently in process of writing *DE Health Status Report for Persons with Disabilities*

## Childhood Survey

- Convenience Sample
- Currently recruiting families of children age birth through 17 years with disabilities and chronic health conditions for participation in survey
- Data will be entered into SPSS database and analyzed by CDS
- Findings will be reported in addendum to *DE Health Status Report for Persons with Disabilities*

## Report

Currently, the *DE Health Status Report for Persons with Disabilities* is being written. The completed report will include:

- Findings
- Targets for Improvements
- Suggested Recommendations
- Considerations of Statewide and National Disability-related Health Disparities

The **Healthy Delawareans with Disabilities 2010 Project (HDWD)** is a two year project to:

- Determine the Scope of Disability and its Impact on Health in Delaware
- Design and Implement Initiatives that serve as Investments in the Areas of Health Promotion, Wellness, and Life Satisfaction for Delawareans with Disabilities

The **Healthy Delawareans with Disabilities 2010 Project (HDWD)** is:

- Funded by the Centers for Disease Control (CDC), National Center on Birth Defects and Developmental Disabilities (NCBDDD)
- Coordinated and managed by the Division of Developmental Disabilities Services (DDDS) of Delaware Health and Social Services

## Mission

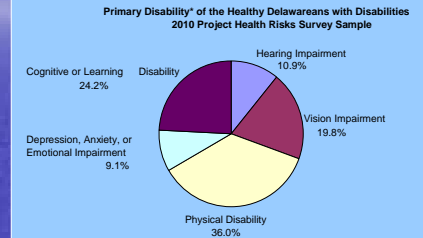
**Improving the Lives of Delawareans with Disabilities through an Emphasis on Health Promotion and Wellness**



## Goals

1. Increase Statewide Epidemiologic Capacity of Health Statistics on People with Disabilities.
2. Assemble and Develop Statewide Advisory Panel dedicated to Health Promotion and Wellness for People with Disabilities.
3. Develop Advisory Panel into recognized Statewide Resource for Technical Assistance on Issues of Health and Wellness for People with Disabilities.
4. Produce a Statewide Report on the Health and Wellness of People with Disabilities.
5. Produce four Health and Wellness Modules for People with Disabilities

## Selected Findings from Adult Survey (n=339)



- Approximately 61% of Participants perceived their Health to be Fair to Poor
- Of all Respondents 47% reported high Cholesterol Levels and 45% reported high Blood Pressure
- Almost 39% of Respondents reported that they have Arthritis
- Over 20% reported that they have Diabetes
- About 72% of Participants stated that they were either Overweight or Obese
- Of all surveyed Adults 76% have had a Dental Exam within the last two Years
- Of the surveyed Adults 19% reported that they are smokers, and 32% said that they have consumed at least one alcoholic beverage in the last 30 days
- 78.4% of Respondents reported that they are either very satisfied or satisfied with their Life
- 70% of Adults stated that they always or usually receive the social and emotional support they need
- Of the Participants who responded to Questions about Sexual Behaviors 37.6% indicated that they participated in Sexual Activities in the last Year
- 20% of Respondents reported that someone attempted or had sex with them without their Consent at Some Point in their Life

Source:

Gilman, L. (2007). Healthy Delawareans with Disabilities 2010 Project Health Risks Survey Analysis. Center for Applied Demography and Survey Research, University of Delaware