

The “Healthy Delawareans with Disabilities 2010” Project



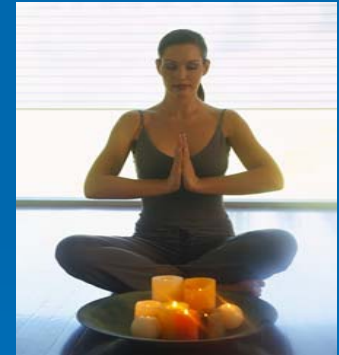
A collaboration project between the Division of Developmental Disabilities Services (DDDS) of the Delaware Department of Health and Social Services, the Center for Disabilities Studies (CDS), and the Center for Applied Demography and Survey Research (CADSR)

Background

- 1979 U.S. Surgeon *General's Report on Health Promotion and Disease Prevention*
- *Healthy People Initiative*
- *Healthy People Initiative* is a 10-year plan intended to encourage and guide federal, state, local, private, and community health promotion and wellness activities and policies to improve health of Americans

Background

- Recommendations made during *Healthy People 2000* Progress Review:
 - Develop health objectives for people with disabilities
 - Examine individuals' health
 - Establish preventative health services for people with disabilities



Healthy People 2010

- Set of health objectives to be used by many different people, communities, professional organizations, states to develop programs to improve health



Healthy People 2010



➤ Two Goals:

1. Increase Quality and Years of Healthy Life
2. Eliminate Health Disparities between People

➤ 28 Focus Areas, including Disability and Secondary Conditions (Focus Area 6)

Healthy People 2010 Focus on Disabilities

- 16 States funded by Center for Disease Control, National Center on Birth Defects and Developmental Disabilities:
- Level I: Mentor States
 - New York, North Carolina, South Carolina, Iowa, New Mexico, Washington
- Level II:
 - California, Arkansas, Oregon, Rhode Island, Massachusetts, Montana
- Level III:
 - Delaware, Utah, Minnesota, Kansas

Goal of Funding

- Assist states in building their state capacity for implementing programs that help persons with disabilities through state surveillance activities, health promotion interventions, developing and monitoring policies affecting people with disabilities, and fostering partnerships between state, research or service based agencies

Healthy Delawareans with Disabilities 2010 Project (HDWD 2010)

➤ Two-year project, April 2005 to March 2007

➤ Funded by Centers for
Disease Control and



Prevention (CDC), National Center on Birth
Defects and Developmental Disabilities

HDWD 2010

- Coordinated and managed by the Division of Developmental Disabilities Services (DDDS) of Delaware Health and Social Services 
- DDDS partnered with Center for Disabilities Studies (CDS) 
- and Center for Applied Demography and Survey Research (CADSR) 

to accomplish project goals

HDWD 2010 Mission

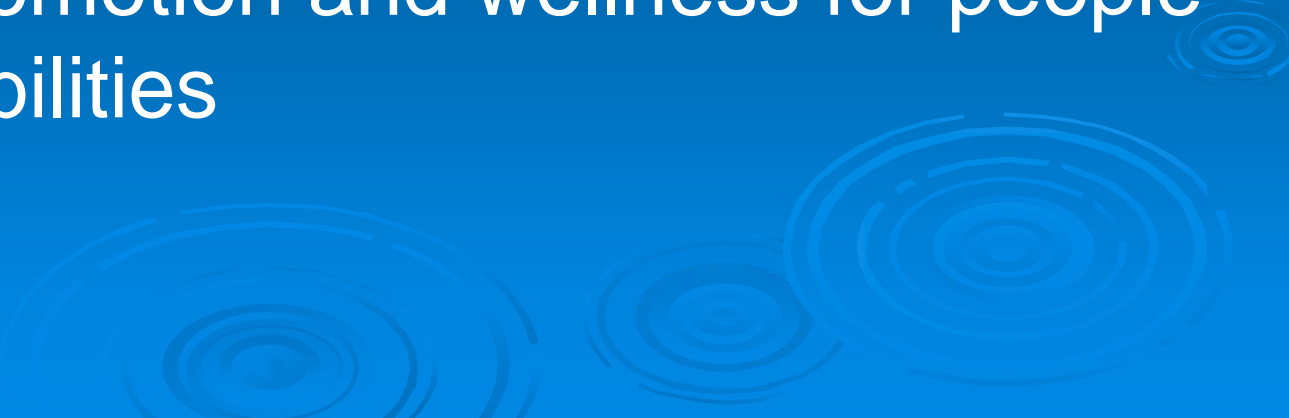
Improve the Lives of
Delawareans with Disabilities
through an Emphasis on
Health Promotion and Wellness



HDWD 2010 Overarching Goals

- Increase the quality and years of healthy life for people with disabilities
- Eliminate health disparities for people with disabilities; particularly in the area of secondary conditions

HDWD 2010 Specific Goals

1. Increase statewide epidemiologic capacity of health statistics on people with disabilities
 2. Assemble and develop a functioning statewide Advisory Panel dedicated to health promotion and wellness for people with disabilities
- 

HDWD 2010 Specific Goals

3. Develop the Advisory Panel into a recognized statewide resource for technical assistance on issues of health and wellness for people with disabilities
4. Produce a statewide report on the health and wellness of people with disabilities
5. Produce four health and wellness modules for people with disabilities

Health Statistics on People with Disabilities

➤ Adult Survey

- Recruitment of approx. 400 adults with cognitive and physical disabilities and vision and hearing impairments
- Participation in health survey
- Analysis of data

➤ Childhood Survey

- Recruitment of approx. 300 families of children with cognitive and physical disabilities and vision and hearing impairments
- Participation in health survey
- Analysis of data

Health Statistics on People with Disabilities

➤ BRFSS Data

- Expansion of existing Behavioral Risk Factor Surveillance System (BRFSS) questionnaire to include questions about disability
- BRFSS report including statistics on people with disabilities

Advisory Panel

- Assembled Advisory Panel consisting of advocacy organizations, self advocates, parents and other partners
- Involvement in selecting survey topics
- Pre-survey technical assistance questionnaire and focus groups
- Participated in community outreach and respondent recruitment

Advisory Panel

- Advisory Panel representation on statewide health groups
- Continued expansion of Advisory Panel
- Advocate for institutional recognition of the importance of disability-specific health and wellness programs

Advisory Panel

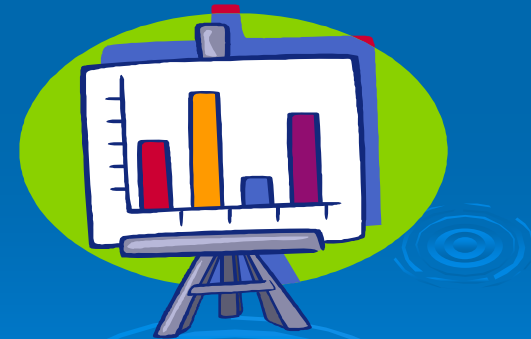
- Integrate Advisory Panel recommendations into existing statewide health promotion activities
- Advisory Panel open to any interested individual with a disability or representing interests of individuals with disabilities

Management Team

- Consists of DHSS representatives, U of DE CDS representatives and CADSR members
- Administrative role

Statewide Report

- Data analyzed by whole population of people with disabilities and by specific disability groups
- Production of *DE Health Status Report for Persons with Disabilities*:
 - Lead Health Indicator Analysis
 - Targets for Improvements
 - Suggested Recommendations
 - Considerations of statewide and national disability-related health disparities



Health and Wellness Modules

- Use the survey and BRFSS data to generate ideas for health modules
- Use AP focus group data to generate ideas for health modules
- Generate health promotion and teaching recommendations for reducing rates of secondary conditions


Health and Wellness Modules

- Develop pilot health materials that can be further tested, implemented, and refined in the future
- Produce one testable teaching material for each of the targeted disability-groups (physical, cognitive, vision, hearing)

Health and Wellness Modules

- Begin to conduct some training of health professionals on awareness and prevention of secondary conditions in people with disabilities
- ⇒ Raise awareness of expertise of AP in statewide health education system
- ⇒ Increase utilization of reports produced by HDWD project

CDS' Main Responsibilities

- Recruitment for Adult and Childhood Survey
 - Training of Interviewers
 - Supervision of Interviewing Process for Adult and Childhood Survey
 - Data Collection and Entry
- 

CDS' Main Responsibilities

- Writing of *DE Health Status Report for Persons with Disabilities* in collaboration with CADSR



- Dissemination of Report



Future of the Project

- Apply for next funding level

